



We know that **YOU** depend on us to help in times of crisis, but during these times, we also depend on **YOU** to be resilient and prepared. As a member of the community, **YOUR** job is to prepare **YOURSELF** and **YOUR** family to be self-sufficient and sustaining for the first 72 hours of an emergency. We strive to ensure that residents are resilient and prepared for emergencies. When hazardous and impending situations occur, local emergency responders' first priority is to respond to the scene.

Your preparedness helps us all!

Northumberland County's Community Emergency Management Coordinators (CEMC's) have developed a program to bring emergency awareness and education to residents across the County.

Our campaign will bring **YOU** checklists to ensure **YOU** have what **YOU** need for: Car Emergency Kits, Power Outages, Pet Preparedness, and Personal with Additional Preparedness & Mobility Needs.

Quick List

Your Name: _____

Date of birth: _____

Allergies: _____

Important Medical information:

Address and Phone number:

Emergency Contact (Name, number, address):

Doctor's information:

In Case of Emergency

To reach Police, Fire, or Ambulance please dial: **9-1-1**

Telehealth Ontario (free medical advice, have your Ontario health card ready, if possible):

Toll-free: 1-866-797-0000

Toll-free TTY: 1-866-797-0007

Poison Control:

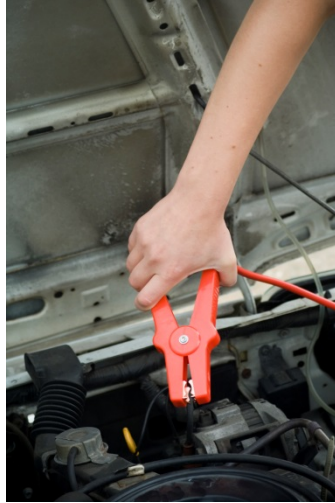
1-800-268-9017

Spills Action Centre:

1-800-268-6060 (toll-free), 1-855-515-2759 (TTY)

Car Emergency Kit

- Shovel (Snow, sand, mud)
- Sand or Kitty litter
- Traction Mats
- Compass
- Roll of Toilet paper
- Warning light or road flares
- Extra Clothing and footwear (season appropriate)
- Emergency Food Pack
- Booster Cables
- Ice scraper and brush
- Water
- First aid kit
- Matches and “Survival” candle in a deep can (to warm hands, heat drink or use as emergency light)
- Fire extinguisher
- Extra windshield washer fluid
- Fuel line antifreeze
- Road Maps
- Flashlight
- Duct tape
- Blankets (special “survival” blanket is recommended)



Community Emergency Management Coordinators

A Municipal Partnership

Car Emergency Kit

Township of Alnwick/Haldimand (905 349 2542)
Municipality of Brighton (613 475 1744)
Town of Cobourg (905 372 9789)
Township of Cramahe (905 355 2821)
Township of Hamilton (905 342 2810)
Municipality of Port Hope (905 753 2230)
Municipality of Trent Hills (705 653 1900)
Northumberland County (905 372 3329)